

Policy and System Change From A Multicultural Perspective

Workshop (F7) NASBHC Convention Friday, June 26, 2009 3:15 – 4:30 p.m.

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Adapted from work by John Capitman and Gerry Herrera, Central Valley Health Policy Institute, California State University, Bi-national Health Summit, 10/25/06; Informed by input from the SBHCPP Resource Team, Marie Elena Campisteguy, The Metropolitan Group, Jeanita Richards, Douglas Taylor, Southwest Community Research Center (SCRC), and Terri Wright, W. K. Kellogg Foundation Program Director.

Multicultural Process of Change

Rejection of differences and a belief in the superiority of the dominant group at these levels:

- •Personal
- •Interpersonal
- •Institutional/Systemic
- •Cultural

Process of Change (at all levels)

- •Recognize •Understand
- •Appreciate Differences

Acceptance, appreciation, utilization and celebration of similarities and differences at these levels:

- •Personal
- •Interpersonal
- •Institutional/Systemic
- •Cultural

Monoculturalism "Melting Pot"

"Melting Pot Assimilation Exclusion "Emancipatory Consciousness" Social/Economic Justice

Pluralism "Salad Bowl"

Diversity Inclusion

1991: Designed by Valerie A. Batts, Ph.D., John Capitman, Ph.D., and Joyce Landrum Brown, Ph.D.

Overview Policy and System Analysis: Four Ways to Think about Change

Focus on Inclusion, Power and Fairness: What are our interests? What outcomes do we want? How does this differ from other actors? How do we engage all relevant actors in our policy change agenda, strategy, and advocacy?

- **Focus on Resources:** How does the money flow? How does this impact outcomes? How does our policy agenda and strategy address the full range of financing issues?
- Focus on Delivery Systems: How are providers working? How do our centers fit into larger delivery systems? How does this impact outcomes? How do our policy agenda and strategy focus on health and education system improvements?
- 4. Focus on Opportunities for Change: Can we address root causes of poor health and education outcomes? How can outcomes be improved in the short run? How do our policy change strategies, messaging, and sustainability planning address both root causes and short run improvements?

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How Do We Work Together? Guidelines for Conversation and Dialogue

- "Try on"
- It's okay to disagree; it is not okay to blame, shame, or attack, self or others
- Practice "self-focus"
- Practice "both/and" thinking
- Notice both process and content
 - Be aware of intent and impact

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Health and Education Policy Making is about Power Basic Power Concepts

Power Concepts	Historically excluded and discounted by policies and culture (Target)	Historically empowered and advantaged by policies and culture (Non Target)
Racism	African American, Latino, NHOPI,	Whites
	Native American, Asian American	
Sexism	Women, Transgender	Men
Heterosexism	GLBT	Heterosexual
Classism	Working and lower socio- economic class	Middle/owning class
Ageism	Ages <25 and >55	Ages 25-55
Xenophobia	Immigrants and their children	US Born
Ableism	Chronically ill/disabled	Temporarily able-bodied

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Health and Education Policy Is About Who Has The Power: Analyzing Your Organization

Power Concepts	Excluded and discounted by policies and culture (Target)	Empowered and advantaged by policies and culture (Non Target)

Collaborators and Competitors Issues

Interest Groups	What are the most important issues for these groups?	
SBHCs, State Assemblies		
Schools/ school boards		
FQHC/Rural Health Clinics/ PH Clinics		
Provider/Professional Associations,, e.g, doctors, school nurses		
Insurers/MCOs		
Families/ Parent Groups		\top
Students/youth		
Youth serving organizations		
Social justice organizations/Population advocates		
Governmental agencies		
Other		\top

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What Causes Health and Education
Disparities?

Health Care/Education
Disparities

Unequal
Social/Economic
Environment

Unequal Access to
Health Care and Education

Identify Policy Hurts and Desired Change

Identity I oney Hurts and Desired Change		
Interest Group	How current policies help and hurt group?	What group wants from policy or program change?
SBHCs, State Assemblies		
Schools/ school boards		
FQHC/Rural Health Clinics/ PH Clinics		
Provider/Professional Associations,, e.g, doctors, school nurses		
Insurers/MCOs		
Families/ Parent Groups		
Students/youth		
Youth serving organizations		
Social justice organizations/Population advocates		
Governmental agencies		
Other		

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Gaining perspective on how SBHC care is organized and delivered

	Who? How are they different from well-served?	What does this tell us about provider practices?*
Un-served (left out)		
Under-served (not enough help)		
Poorly served (dissatisfied, poor outcomes)		
Over-served (gets more priority for or more care than is needed)		

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Are there organizational barriers to access for primary or specialty care for SBHC users, other young people, families?

Are there clinic barriers to access?

Does provider maximize payment sources? How does provider address medical debt?

Do linkages to school and other youth-serving organizations support or limit seamless shared support for effective services?

Do quality assurance systems include a developmental approach and multicultural lens?

Do providers assist with behavior change? Are there linkages to behavior change supports?

Do providers attend to linguistic and cultural factors? What do providers know about the people and cultures they serve?

How are providers' skill development in cultural literacy and community engagement assessed?

Does provider partner with others to address community-level determinants of health?

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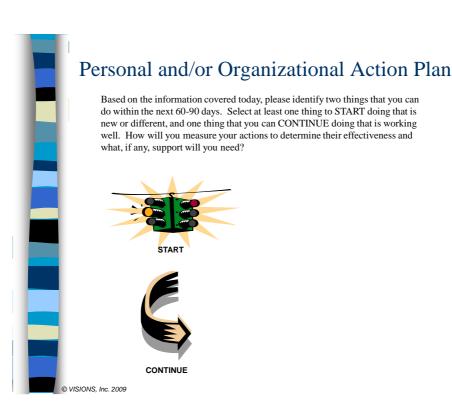
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Can we address the social and economic inequities that cause poor health and education outcomes?

Health and education policy and program debates rarely address the social and economic determinants of health.

- Poverty, racism, ethnocentrism, etc. are social and economic inequities. How does our agenda address inequities?
- BOTH health care financing and delivery systems AND educational policies and practices express broader societal patterns. Have we linked our agenda to these broader social justice concerns?
- Recognizing social and economic determinants points to needed sustainable coalitions. Do our partnerships include the range of social justice advocates and causes?
- Recognizing social and economic determinants can shape strategy for short-term action Do our short-run policy goals include an understanding of long-term policy solutions to social and economic inequities? 12

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Closure Exercise

- How did this go today?
- What did you learn or relearn about policy and system analysis for change?
- Appreciations
- Regrets

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Recognizing, Understanding & Appreciating Differences

- Community Development Facilitation
- Cooperative Problem Solving
- Diversity Services
- Executive Coaching
- Meeting Facilitation
- Multicultural Consultation

- ❖National "Challenging Oppressions" Workshops
- ❖Ongoing Skill Building Group
- ❖Organizational Assessment
- ❖Organizational Development
- ❖Target Group Empowerment
- ❖Technical Assistance



Facilitators' Bios

- Emily Schatzow, M.Ed., (Cambridge, MA) is a psychotherapist and trainer who cofounded a local women's mental health center. She, together with her colleagues, developed theory and practice that challenged existing paradigms by seeing mental health as a byproduct of economic, social, political, and cultural realities. Ms. Schatzow has a graduate degree in counselor education from Boston University. Currently, she is Clinical Supervisor at the Victims of Violence Program at Cambridge Health Alliance and is a lecturer in psychiatry at Harvard Medical School. As a lead consultant for VISIONS, she has worked both nationally and internationally to create group models and interventions that facilitate individual and organizational change.
- Deborah J. Walker, PhD., (Charlotte, NC) is a senior multicultural and organizational development consultant with VISIONS, Inc. As a professional trainer and process consultant, she has provided multicultural consultation and training and organizational development assistance to a wide range of business and corporate leaders and managers, police and community groups, legal professionals, educators, and health care providers since 1986. Her primary foci are personal empowerment, conflict resolution, teambuilding, cross-cultural communication and interpersonal and organizational problem solving from a multicultural perspective. Her personal goal is to help create and maintain organizational environments that recognize, understand, appreciate and utilize differences. During a period in her career she worked in banking. Walker has been recognized for her facilitation and coaching skills. She was 2001 president of the Diversity Council of the Carolinas and 2003 Chair of the Council's Diversity Conference, Leading a Multicultural Workforce in the 21st Century. She is former chair of the Diversity Leadership Committee, Black Professional Network (BPN), Charlotte Chamber of Commerce where she reorganized the work of the committee to be more responsive to the needs of Chamber members on issues of diversity. Walker has written a number of articles including "Options for Starting A Diversity Initiative in the Legal Profession" for the American Bar Association, "The Process of Change: Making It through the Transition", "Ways to Celebrate Multiculturalism", "Heart Disease and Racism: The Cost to Business."