

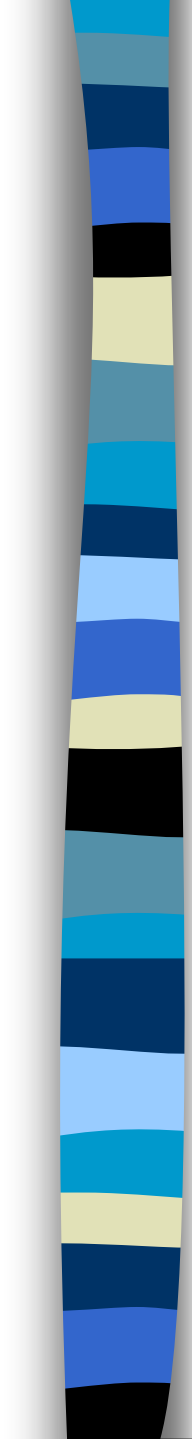
Illinois School Health Centers

Keeping Students Healthy and Ready to Learn



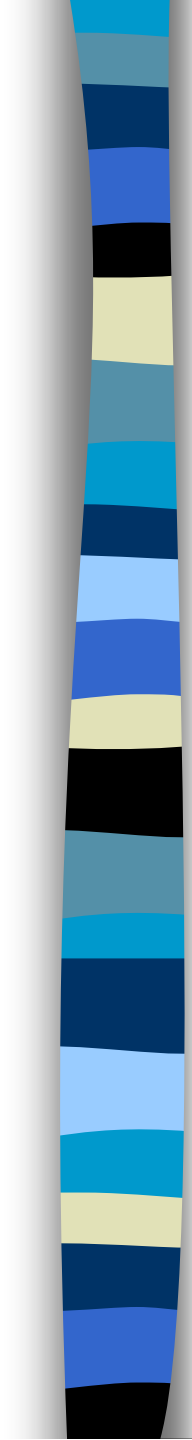
Illinois Coalition for School Health Centers

Presentation date, location and presenter



“The school health center has been a Godsend. My chronic asthmatic son was able to receive treatments in school—reducing his lost school days and my lost work time.”

--Parent, Peoria



“My school health center gives kids access to health care to help them with needs or problems they wouldn’t necessarily address otherwise.”

--Student, Evanston
Township High School



Illinois Coalition for School Health Centers

MISSION

“To improve the physical and mental health status of children and adolescents in Illinois by advocating for the development, stabilization and expansion of school health centers.”

GOALS

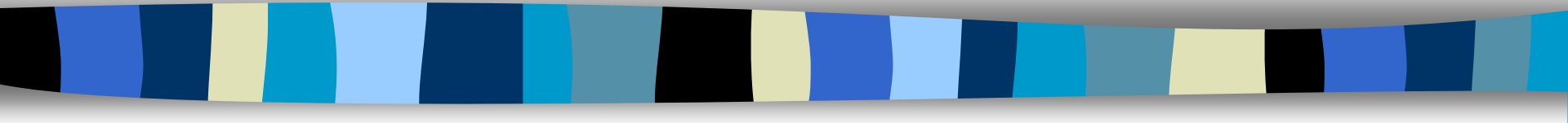
- | | |
|---------------------|------------------|
| ◆ advocacy | ◆ evaluation |
| ◆ networking | ◆ funding |
| ◆ quality assurance | ◆ sustainability |



Desired Outcomes

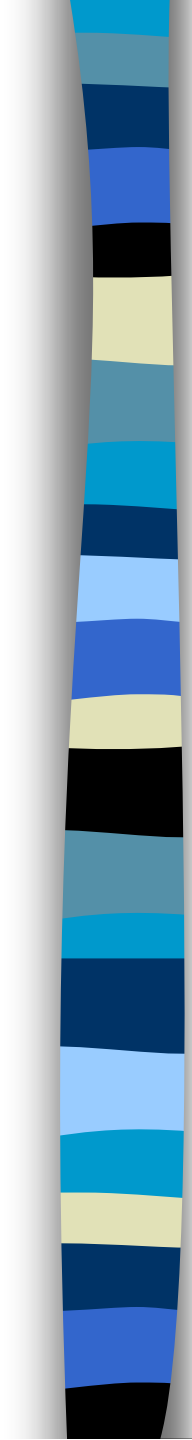
- Health care access for Illinois children and adolescents
- Understand the school health center model
- How school health centers function in Illinois
- Benefits of school health centers

Health of Illinois' Children & Teens



Illinois School Health Centers

Keeping Students Healthy
& Ready to Learn

- 
- Many of the most significant and costly national health problems are caused by behaviors established during youth:
 - Drug and alcohol abuse
 - Tobacco use
 - High-risk sexual behaviors
 - Inadequate physical activity
 - Poor dietary habits



253,000

- Estimated number of children in Illinois under the age of 19 who are uninsured. (2003 Census data, Governor's office 2005)



205,511

- Children in Illinois suffer from asthma (IDPH 2002)



36%

- Illinois high school students and 13% of Illinois middle school students currently use tobacco products (IDPH 2002)



33%

- Illinois high school students reported having sexual intercourse (YRBS 2001)



23%

- Illinois high school students are described as overweight or at risk for becoming overweight (YRBS 2001)



18%

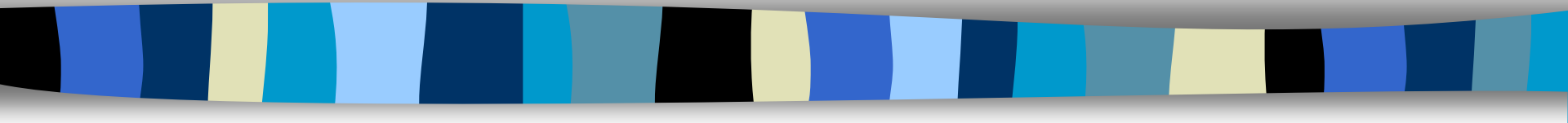
- Illinois high school students who have seriously considered suicide (YRBS 2001)



54%

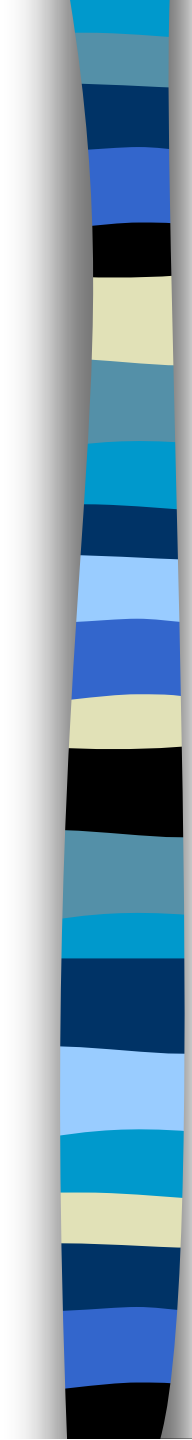
- Illinois children with evidence of dental decay (IDPH, Division of Oral Health)

Access to Health Care



ACCESS

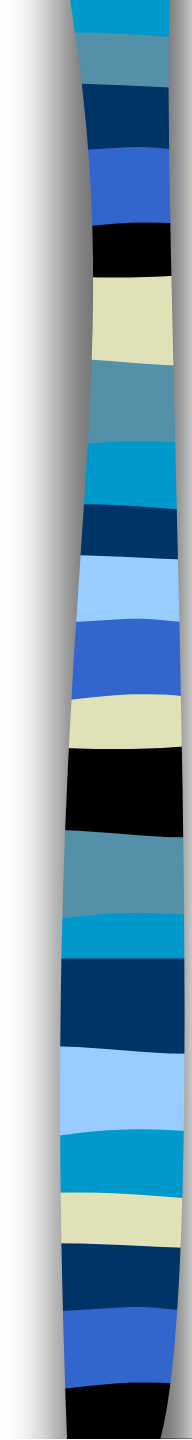
TO HEALTHCARE

- 
- In Illinois 253,000 of children and youth aged 0-19 are uninsured
 - Over 80% of Illinois SHC enrollees are either Medicaid/All Kids patients or uninsured (IDHS, 2007)
 - Youth aged 10-19 have the lowest utilization rates of any age group and are the least likely to seek care (Klein, 1994)



What do youth say about barriers to care?

- Lack of Confidentiality
- Lack of Sensitivity
- Lack of Respect
- Intimidated by Providers



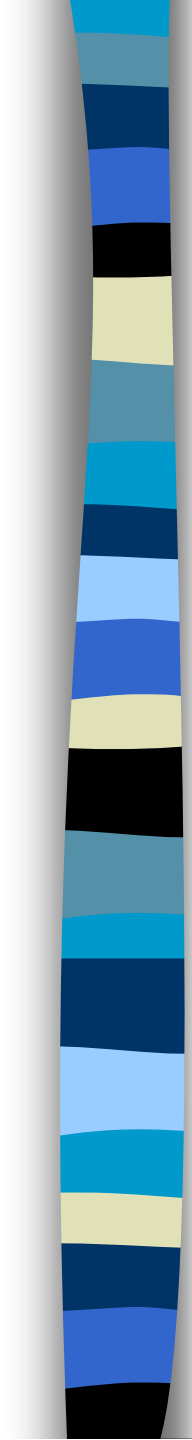
“I’ve never had the benefit of having people help me with as much care and concern as I’ve had at the school health center. It’s entirely convenient; I have a medical doctor, therapist and a dentist that I am able to see without worry of cost.”

Student, Urbana High School



What do parents say about barriers to health care?

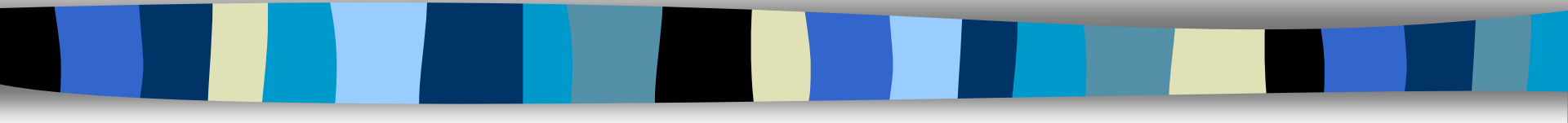
- Cost
- Language
- Loss of Job Time
- Lack of Consistent Provider
- Transportation



“Using the School Wellness Center has been a life changing experience for my family. In a community with limited providers, the school-based facility enables students and faculty to see a health care provider, receive their medicine and never leave the building.”

Parent, Gallatin County Unit District #7

School Health Center Model



THE MODEL

**SCHOOL HEALTH
CENTERS**



History of the Model

- First centers opened in MN and TX
- Illinois in 1982 at Austin Community High School
- Illinois Department of Human Services support
- Illinois School Based and Linked Health Centers Standards *(IL Administrative Code)*
- Illinois Coalition for School Health Centers formed in 1996



What are they?

- *School-based* health centers, located on school grounds.
- *School-linked* health centers, located off school grounds close to a school.



Core Mission

- Bringing services to students where they learn and grow
- Addressing critical health issues
- Serving kids in need
- Supporting parents
- Supporting schools
- Supporting communities



Common Services

- School and Sports Physicals
- Acute Care
- Immunizations
- Mental Health Services
- Risk Assessments
- Dental Care
- Eye Exams
- Nutrition Counseling
- Referrals to Community Agencies
- Preventative & Health Education
- Diagnosis and Treatment of Illness
- Laboratory
- Reproductive Health Services
- Linkages to Support Services
- Benefits Enrollment



Top Reasons for SHC Visits

■ Top Visits:

- Health Maintenance/ Preventative Services
- Reproductive Health
- Mental Health
- Respiratory Diseases
- Symptoms
- Injuries

■ Mental Health Visits:

- Attention-Deficit/ Hyperactivity Disorder
- Depression
- Family/ Peer Conflict
- Behavior Disorders
- Posttraumatic Stress/ Anxiety Disorders
- Academic Issues



Organizational Structure

- Planned partnerships and on-going advisory from health care providers, school districts, local health departments, faith leaders, community leaders and organizations, parents and students
- Sponsoring agencies can be hospitals, health departments, universities, community health centers, schools and community agencies



Staffing

- Recommended Staffing is:
 - Medical Director
 - Nurse Practitioner or Physician Assistant
 - Clinically-trained Mental Health Practitioner
 - Health Educator
 - Medical Receptionist/Other Support Staff

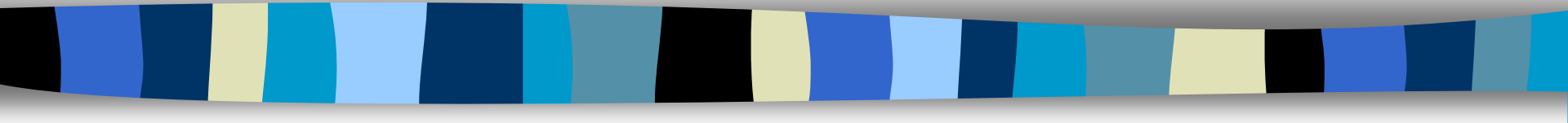


A Day in the Life of a SHC

Monday, March 10, 2008: 9:00a.m.-12:00p.m.

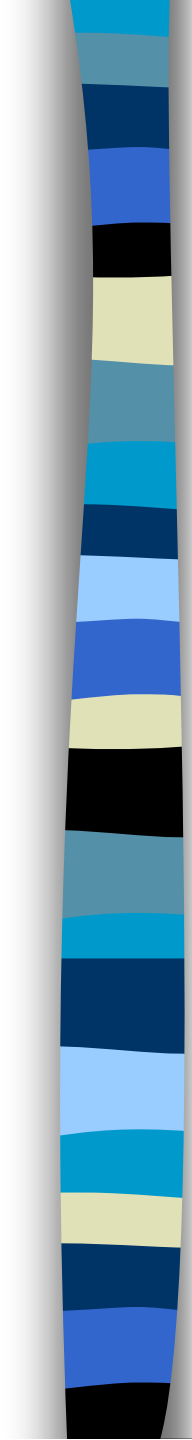
Yolanda, 17 year-old	Sore throat
Emilio, 16 year-old.....	ADD/ADHD
Pheng, 19 year-old.....	Immunization
Keesha, 16 year-old.....	No show
Willie, 15 year-old.....	Sports Physical
Carmen, 14 year-old.....	Asthma
Tanya, 14 year-old.....	Depression
Cassandra, 17 year-old.....	Birth Control
Alex, 15 year-old	Acne
Neng, 14 year-old.....	Sprained ankle
Julie, 15 year-old	Abdominal pain

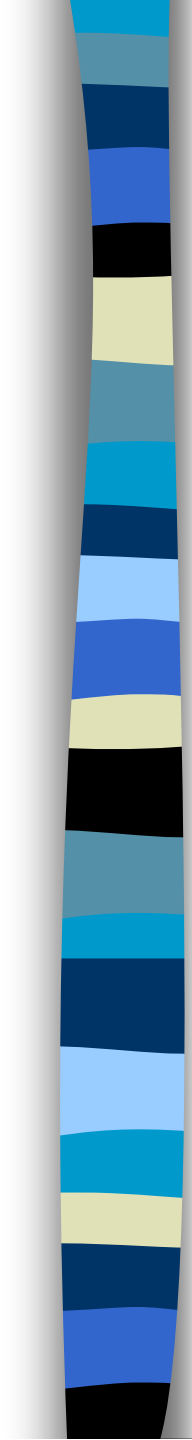
Benefits of School Health Centers



THE BENEFITS

**SCHOOL HEALTH
CENTERS**

- 
- Accessible
 - Affordable
 - Child and Adolescent-Friendly Staff

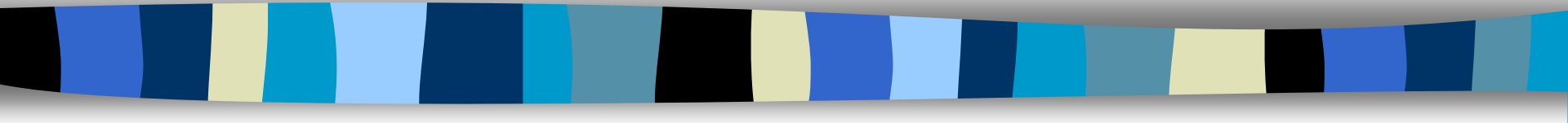
- 
- Safe Environment
 - Promote Healthy Lifestyles
 - One-Stop Shopping



Savings and Benefits to Illinois

- SHCs save an estimated \$233,000 to \$342,000 per year by reducing asthma hospitalizations.
- SHCs save an estimated \$2.5 million per year by reducing emergency room visits.
- SHCs in Illinois save an estimated \$2.72 million per year by providing immunizations.

A Proven Track Record



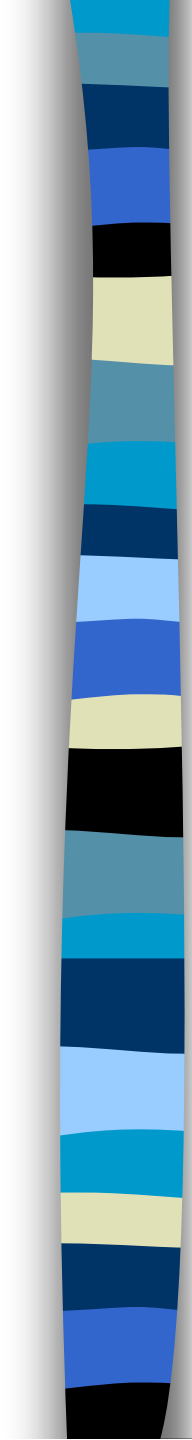
A PROVEN

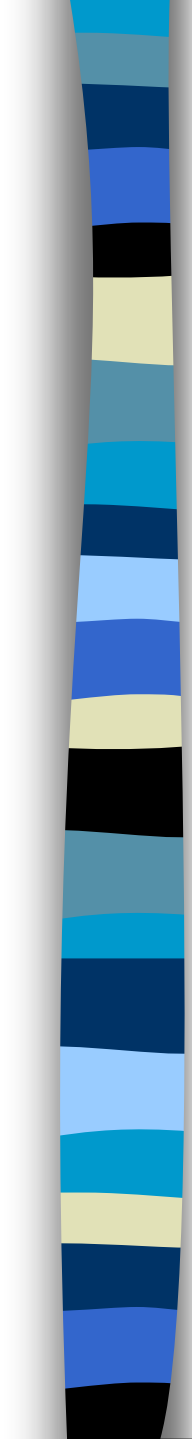
TRACK RECORD



Quality Care

- State-certified model of care
- Serve students regardless of their ability to pay
- Facilitate after-hours care
- Require parental consent for students to receive most services
- Advisory board and student involvement
- Providers or referrals for specialty care or other resources in the community

- 
- Increase preventive health care
 - Decrease school absenteeism
 - Lessen emergency rooms visits
 - Reduce parents' time off from work

- 
- Improve access to mental health and substance abuse services
 - Reduce unhealthy behaviors
 - Reduce health care access disparities
 - Strengthen community services

Illinois School Health Centers

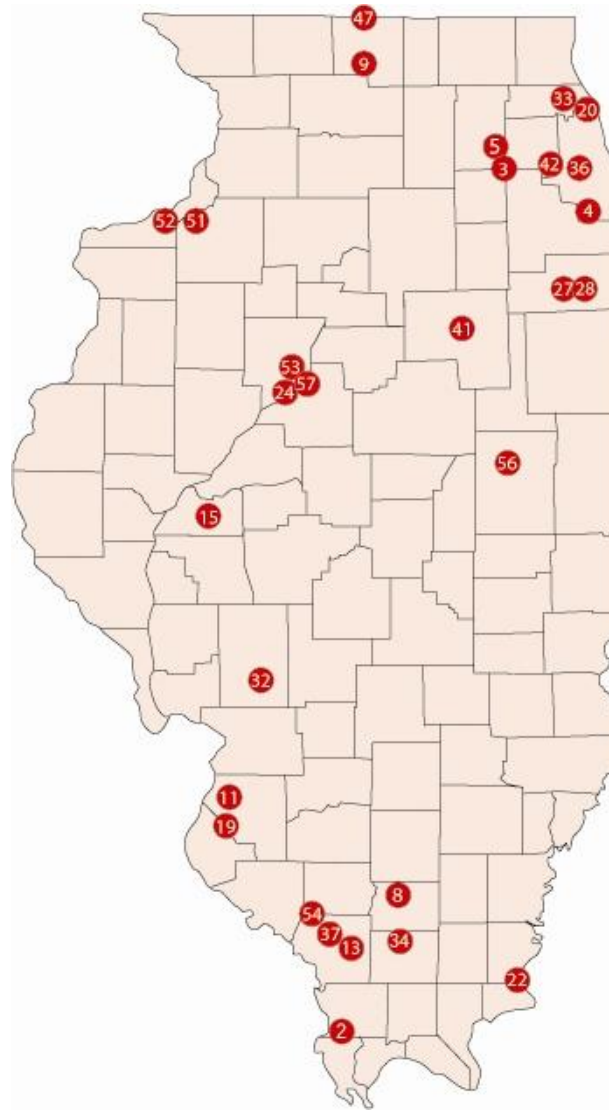


Keeping Students Healthy and
Ready to Learn

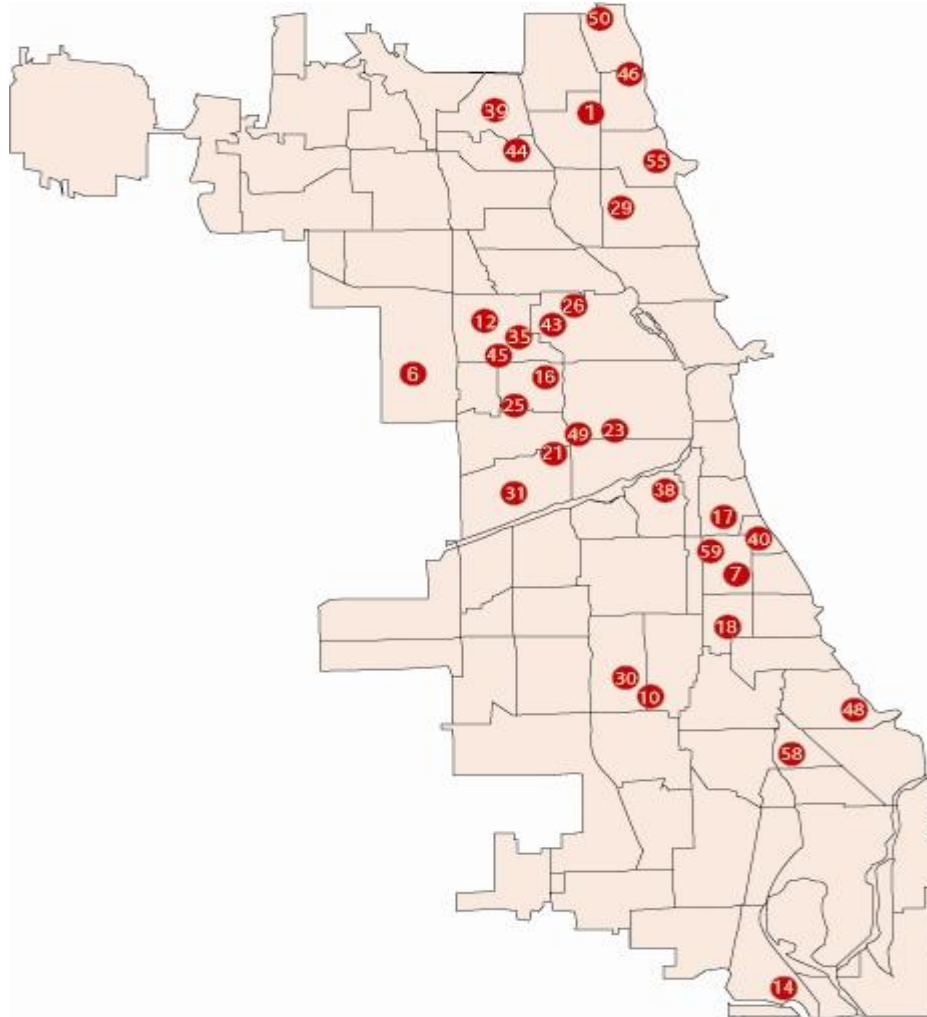
Illinois School Health Centers

Keeping Students Healthy
& Ready to Learn

50 SHCs across Illinois



27 SHCs in Chicago



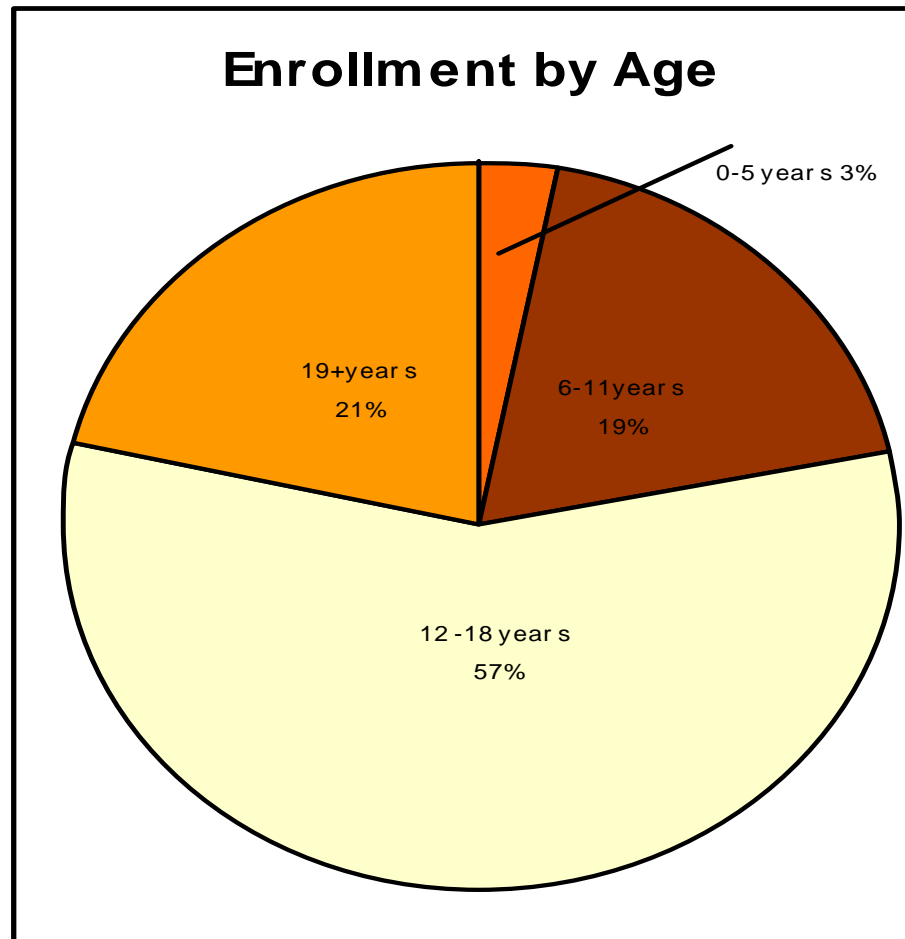


Illinois School Health Centers FY 2007

- 40 out of 50 school health centers report the following:
- IL SHCs serve 98 schools in 15 counties
- 78% of SHCs are in Title I schools
- 78,075 students were enrolled to receive services
- There were 103,469 total visits to SHCs

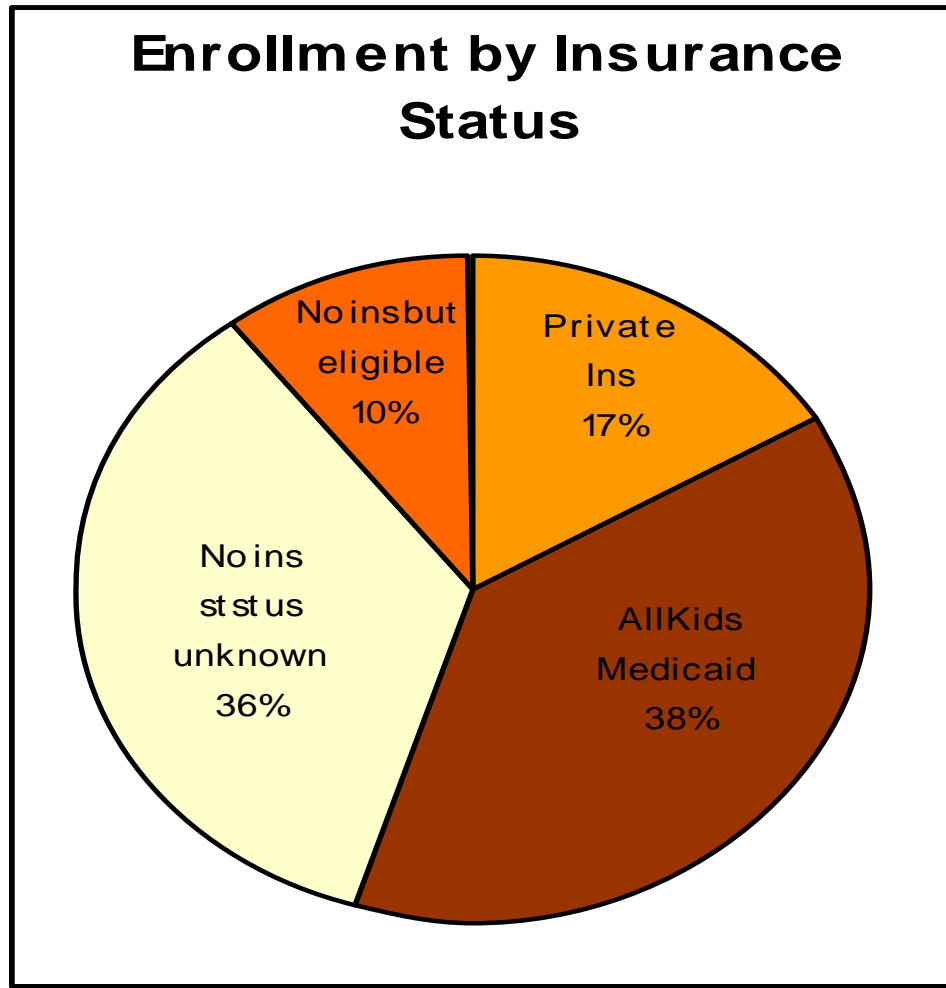
Data sources: School Health Center Report Card FY 2007

Enrollment by Age



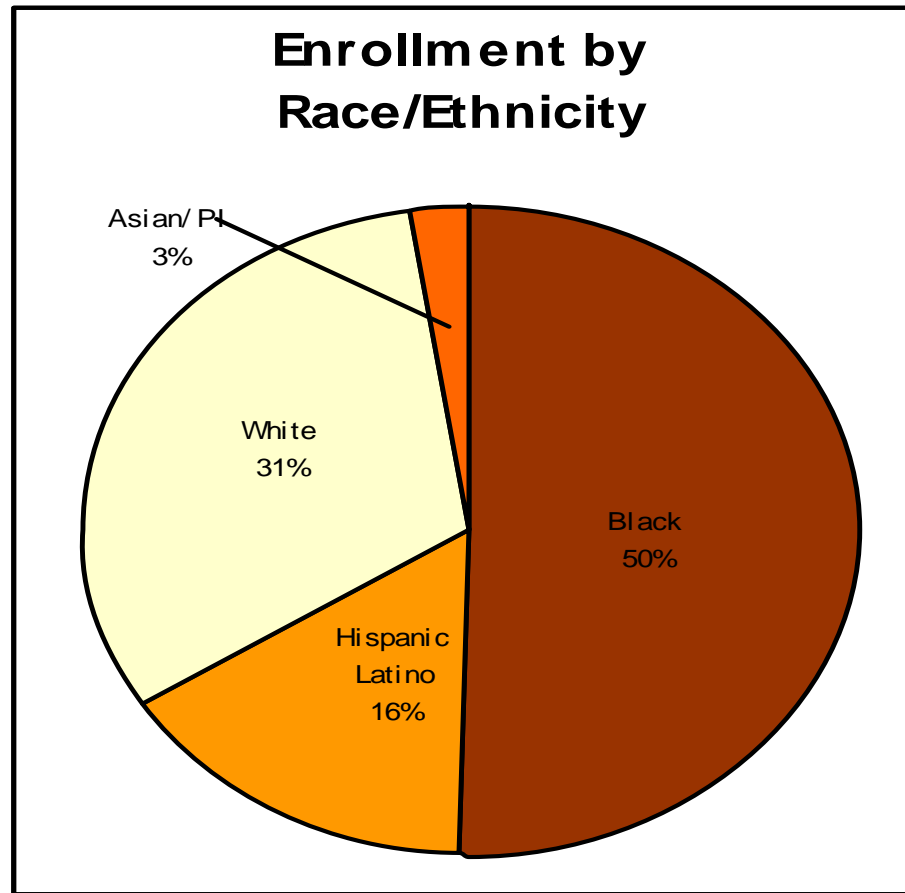
Data sources: School Health Center Report Card FY 2007

Enrollment by Insurance Status



Data sources: School Health Center Report Card FY 2007

Enrollment by Ethnicity



Data sources: School Health Center Report Card FY 2007



State Expenditures on School Health Centers

- Illinois Department of Human Services spent \$4.245 million on SHCs in FY2008.
- FY2008 DHS supported 39 operating SHCs



Common Challenges

- Sustainability
- Lack of evaluation data
- Coordinating health & education priorities in a school setting
- Dilution of the SHC model



How to get involved

- Collaborate
- Support ICShc



ICSHC would like to thank the following for their contributions to the video:

- **Frazier SHC:** Amy Valukas, Sandra Rigsbee, Sheryl Fitzgerald and Marian Byrd
- Advisory Board Chair Donna Hill
- Students: Charles Kindred, Keitrion Lewis, Dajanae Watts, Travis Allison, Daminique Brown, Diamonique Scott and Zhane Hampton
- **Bond Healthy Living Center:** Alveana Cunningham, Vivian Price, Dr. Joel Augustine
- Bond Elementary School Principal, Alfonso Carrington
- Advisory Board Member Winifred French and Student Leah Wickes
- **Maine East SHC:** Therese Hanigan and Candance Dusenbergl
- Students: Tasia Plott, Gisela Gomez and Rincy Panicker
- Maine East High School Principal, David Barker
- School Nurse, Janice Karl and Teacher, Sharon Baima-Sendaydiego
- **Roosevelt SHC:** Sue Murray, Aimee Rodriguez, Millie Castro, Yesenia Maldonado and Marla Goldsmith
- Alderman Margaret Laurino
- Students: Nicholas Rodriguez and Matasha Cook
- School Nurse: Mary Tyrrell and Community Partner Andrea Kuebbeler
- **Urbana SHC:** Dr. Kim Glow, Dr. Patricia Scott, Pam Connor and Natalie Martin
- Urbana School District 116 Superintendent Gene Amberg
- Social Worker Grace Mitchell
- Illinois State Representative Naomi Jakobsson
- **Marion Unit #2 Wellness Center:** Kari Bruce, Sue Easton, Marsha Meiners and Laura Schimmel
- Parent Michelle Hamilton and Student Brook Hamilton
- **Gallatin County Wellness Center:** Roxie Doerr, Mary Ozee and Kate Scates
- Teacher Michele Raper
- Superintendent Les Oyler



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For more information

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icshc@ilmaternal.org, www.ilmaternal.org

- National Assembly on School-Based Health Care

- www.nasbhc.org, info@nasbhc.org

- Illinois Dept. of Human Services, Office of Family Health

- Victoria Jackson, School Health Consultant, 217-785-5368,
victoria.jackson@illinois.gov



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