

RESOURCE MAPPING

The attached page is a result of a “resource mapping” process engaged in by the Sheridan School District, the Family Resource Center and the School-Based Clinic. The purpose of the resource mapping was to identify existing resources and gaps in health and social services. This information would then be reported back to a larger community group to: (a) inform them of progress made, and (b) to get their input and guidance in setting priorities for the coming year.

In September, a group of 10 individuals representing school administrators, school nurses, counselors, clinic nurse practitioners, social workers, Children’s Hospital staff, Americorps volunteers and faculty from the CU School of Nursing met to begin the process. We focused on resources/gaps in services for the middle and high school population. The process was as follows:

- The group decided to respond to the question “what needs to be in place to reduce risk and promote healthy development in middle and high school students?” The outlying “bubbles” represent what they thought was most important, including: spiritual connection, mental health services, career counseling, primary care, health education in the schools, early parenting, sexuality, violence/crime prevention, recreational opportunities, special interventions, family support services, transportation, social services, child abuse services, and community involvement opportunities.
- The next step was to look at each bubble and describe existing services in those areas. Services were color-coded: green for school-based programs; blue for service based out of the clinic, the family resource center or Americorps, and purple for community-based services.
- After services were listed, the group went back to each bubble and listed the needs or “wishes” in pink.

The group then reviewed and made observations on resources and gaps in services. The following is a summary:

- Participants were surprised at the number of services currently available for middle and high school students. Many of these services have developed over the past three years through special efforts by school, clinic, and Americorps staff.
- Areas of continuing gaps seem to be in mental health services, availability of social service programs on site and community involvement opportunities. There was also a noted lack of dental services.
- Overall the group noted a good mixture of school-based, FRC/clinic-based and community-based services.
- A decision was made to develop a resource book for middle and high school students and their families telling them of the multiple opportunities/services available to them.

The group was pleased with the process and the information it provided. Plans are underway to do the same process with other age segments, including: elementary, pre-school, adult and senior populations in Sheridan.

RESOURCE MAPPING
ELEMENTARY, MIDDLE, AND HIGH SCHOOL POPULATIONS
OUTLINE OF FINDINGS

- I. Elementary School Populations
(LB summarize the elementary chart/map)

- II. MS/HS- Health and Social Services
 - A. Community Involvement Opportunities
 - 1. Mentor Program(s)- Intergenerational
 - 2. More outreach, additional group for kids, more time
 - B. Mental Health Services
 - 1. COA
 - 2. Peer counselors H.S.
 - 3. AMH Family/Individual Counseling (Short Term)
 - 4. MH issue days
 - 5. Arapahoe House- substance abuse
 - 6. Clinical MSW- individual and group
 - 7. Pre-day treatment AMH- before/after school MS
 - 8. School counselors, psychologists
 - C. Spiritual Connection
 - D. Career Counseling (see attached)
 - E. Primary Care
 - 1. Case management
 - 2. Dental care, ADD eval/med follow-up
 - 3. Lions Club eyeglasses
 - 4. Individual onsite education referral
 - 5. Screenings
 - 6. Well care, minor acute referrals, meds, immunizations, labs
 - F. Health Education (curriculum in schools)
 - 1. M/HS
 - 2. CSHFI health curriculum
 - 3. Share project health fair 6/7/8
 - 4. MSG smoking presentation
 - G. Early Parenting/Sexuality
 - 1. Consumer/family studies
 - 2. Teen parent program continuation
 - 3. PLC (MS/HS)- females and males
 - 4. Family living in health education
 - 5. Reproductive health clinics
 - 6. Abstinence counseling, man-to-man
 - H. Violence Crime Prevention
 - 1. Special crime prevention days, gang panels
 - 2. "Great" officer continuation
 - 3. Conflict resolution and mediation
 - 4. Americorps, OS Counselor (summer)
 - I. Special Interventions
 - 1. Positive Life Choices MS/H, MH issues days, conflict mediation
 - 2. Red ribbon week
 - 3. Family nights
 - 4. Mentoring BSNS HS
 - 5. Smoking Cessation- kids/parents
 - J. Recreational Opportunities
 - 1. Recreational clubs

2. Life long sports activities
 3. Recreation center open hours
 4. Intramural/AMC
- K. Family Support Services
1. Interfaith active parenting
 2. Parenting classes
 3. U. Methodist
 4. "Love Logic" collaborating clinic/school program
 5. Clinic social worker- counseling
 6. Practitioners counseling
 7. Smoking cessation
 8. FRC social worker
 9. Interagency team
 10. Referral to Arapahoe mental health
 11. Classes collaborate with court system
 12. Counselors and psychologists do family counseling
- L. Transportation
1. School buses
 2. Transportation to specialized groups
- M. Social Services (access to all social services)
1. Social worker onsite
 2. Financial screening
 3. Rotating SVS, food stamps, WIC, eligibility, SV follow-up
- N. Child Abuse Services

MS/HS – Health & Social Services

